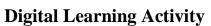


Ek Bharat-Shreshtha Bharat (EBSB) : Digital Initiative A Report

on





(Food Festival: Sharing of Cuisines of Manipur and M.P. States)

Organised by: Institute for Excellence in Higher education, Bhopal, M.P.

Dated: 25/12/2020

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The Institute for Excellence in Higher Education, Bhopal, M.P. and Maharaja Bodhchandra College, Imphal, Manipur jointly organized an online interactive learning session through Google Meet on 25th December, 2020 with 35 students from both the institutes. Dr. W. Jibanlata Devi, Assistant Professor (History), Dr. L. Dwijendra Singh, EBSB Coordinator, Professor & Head, Department of Mathematics of MB College along with Dr. R. K. Shrivastava, Coordinator, EBSB and Dr. Anita Deshpandey, Professor, Political Science of IEHE have participated in the programme.

In the live session, the students of both the institutes have participated which was based on the Sharing of Cuisines of Manipur and M.P. States. The programme has started with the warm welcome of gathering by both the co-ordinators, Dr. R. K. Shrivastava and Dr. L. Dwijendra Singh. After that, the participants from the Institute for Excellence in Higher Education, Ms. Sheetal Mahobiya, Ms. Shrashti Jain, Ms. Shraddha Bhagat, Ms. Prateeksha Pandey and Ms. Padmanjali Kosti has showcased their delicious food dishes of Madhya Pradesh. Mainly among the delicacy of foods were chosen from various regions of M.P. as Indrahar, Shehori Kachori, Peanut Gazak, Indori Poha, and Palak Puri. Further to add the delicacies of Manipur, the participant from MB college, Imphal Ms. Tuleshori Haobam represented the cuisine, which included dishes like fermented fish and other dishes. The participants have also shared the recipe of mouth-watering dishes, how to prepare and served different cuisines of MP and Manipur states. Dr. Jiban Lata, Assistant Professor (History), from MB College, has highlighted the Manipuri culture, famous dishes and food habits of Manipur state. The session was ended with the sharing of participants' views on program and learning about Indian food. After the meeting, the recipes of dishes have been shared in the WhatsApp group. Such live interactions on the culture and heritage of the states among the students of the two paired institutes provide a meaningful opportunity to learn and understand the unity in the diversity of the country.

At the end of the event, for the overwhelmed participation of students of both the institutes, the EBSB coordinator Dr. L. Dwijendra Singh, M.B. College, Imphal, Manipur expressed his vote of thanks and ask students to join such initiatives in the future also.

The program was very gracefully conducted by one of the students of IEHE Ms. Simran Verma and nicely coordinated by Mr. Garvit Bhalse and Abhishek Singh Tomar. At the end of the programme both nodal officers from the two institutes thanked the gathering with closing remarks and the programme came to a successful conclusion.

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Photographs of the Food Festival:

